



YMCA CAMP U-NAH-LI-YA 2012 PARENT PACKET

WELCOME CAMPERS & FAMILIES!

We welcome you to the 75th summer of YMCA Camp U-Nah-Li-Ya and we are excited that you have chosen to spend part of your summer with us. We are committed to providing a safe, fun, and memorable experience for each and every camper. The Parent Packet is an important resource in preparing your camper and the entire family for the YMCA Camp U-Nah-Li-Ya experience. Please review the packet and save it for future reference. If you have additional questions that are not answered in the packet, please do not hesitate to contact the Camp Office, we are happy to help!

We look forward to your arrival and thank you for investing in your child through an adventure at YMCA Camp U-Nah-Li-Ya. See you this summer!

YMCA CAMP U-NAH-LI-YA
12101 Y CAMP ROAD
SURING, WI 54174

PHONE 715.276.7116
FAX 715.276.1701
EMAIL campunie@greenbayymca.org
WEB www.campunahliya.org

MEET THE CAMP U-NAH-LI-YA TEAM

Summer Camp Staff

Our team of enthusiastic and dedicated summer staff are the heart of our program. They are college students or graduates who are selected based upon their experience working with children and young adults. Counselors are interviewed, screened, and undergo a background check. They participate in extensive pre-camp training and are certified in CPR, First Aid, and AED. Lifeguards supervise all swimming and boating activities. The summer staff team is truly the energy and fun at the core of our camp program.

Kathleen McKee, Senior Program Director

Kathleen has been on staff with Camp U-Nah-Li-Ya since 1995 when she started as a resident camp counselor during college and has never looked back. She also grew up as a camper at "Unie" through family programs, summer camp, wilderness trips, and the teen leadership program. As the Senior Program Director, she is responsible for the year-round camp operations at YMCA Camp U-Nah-Li-Ya. She holds a Masters Degree in Social Work from Tulane University and Bachelors Degree in Psychology from Marquette University. Kathleen is thrilled to kick off her 17th summer working with the amazing Unie campers and counselors. Email Kathleen at kathleen.mckee@greenbayymca.org

Ken Losinski, Executive Director of Camping Services

Ken has been involved with Camp U-Nah-Li-Ya since 1988. He is responsible for overall operations of the Greater Green Bay YMCA's Camping Services, which encompasses Camp U-Nah-Li-Ya and Camp Wabansi, our summer day camp in Door County. His latest endeavor is leading the Camp Capital Campaign "Generations" for U-Nah-Li-Ya. Ken holds a Masters Degree in Business from the Keller Graduate School and a Bachelors Degree in Outdoor Leadership and Natural Resource Management from George Williams College.

Email Ken at ken.losinski@greenbayymca.org



YOUR WEEK AT U-NAH-LI-YA

Daily Schedule

7:15 Wake-Up Bell & Polar Bear Swim
8:00 Waiter Bell
8:15 Breakfast
9:00 Thought for the Day/Y Character Value
9:30 Program Area I
10:30 Program Area II
11:30 HUG Service Project
12:00 Waiter Bell
12:15 Lunch
1:15 Rest Hour
2:15 Cabin Group Activity Time
4:15 Free Recreation Time
Swimming, Boating, or Camp Store
5:00 Waiter Bell
5:15 Dinner
6:15 Free Recreation Time
Boating or Camp Store
7:30 Evening Program
All Camp Game or Campfire Program
9:00 Taps/Y Character Value
9:15 Return to Cabins

BEHAVIOR EXPECTATIONS

On the first day of camp, the behavior expectations are shared with your camper. Our behavior expectations focus upon the YMCA character value of respect and include the "handful" of respect with 5 main areas; self, peers, staff, nature, and camp property. Campers will be informed of ways to ensure their safety and the well being of their peers. Our camp staff use positive reinforcement behavior management techniques when working with individual campers as well as cabin groups.

Please take time to discuss appropriate behaviors with your child prior to their camp visit. We want all campers to have a positive and fun camp experience. Camp will not tolerate violence which includes emotional, social, verbal, or physical bullying, or inappropriate actions that violate our camp rules. The Greater Green Bay YMCA prohibits inappropriate behavior or conduct. This includes, but is not limited to; abusive language or actions, disrespectful behavior toward peers or staff, misuse of YMCA property, bullying, or criminal conduct of any type. Such behavior is unacceptable and not in the spirit of Camp. The YMCA reserves the right to deny participation in its programs at any time at its sole discretion.

Camp Program Areas

On Sunday evening, campers have an opportunity to sign up for 8 one-hour program sessions which are held each morning. Our program areas are designed to be progressive and tailored to the age and ability of the campers. Program areas offered are;

Arts & Crafts
Canoeing
Dance-Drama-Music
Nature
Outdoor Living Skills
Sailing
Sports
Target Sports
Waterfront

2012 Theme Weeks

The theme week at Camp is incorporated into some camp activities, meals, and our Thursday afternoon of special events. And the theme weeks are . . .

Week 1 Superhero
Week 2 Gametime
Week 3 Decade Rewind
Week 4 Medieval
Week 5 MovieLand
Week 6 Holiday
Week 7 Mystery Fun
Week 8 Pirates

Homesickness Prepare & Prevent for Camp Success!

Homesickness is a very normal, and often temporary, response for some children who attend camp. Proper preparation and preventive measures will allow your child (and you!) to have a great week. With proper handling by parents, staff, and campers, a case of homesickness can be prevented or easily overcome, while the camper gains independence and feelings of success and pride. The camp staff are extensively trained to handle homesickness in a sensitive and compassionate way so that your camper has a great week!

Here are some tips for camper families to begin the process before their camper even begins packing their bags for camp.

1. Encourage sleepovers at a friend or relative's home prior to camp
2. Plan a visit to Camp prior to their camp session. This allows campers and parents to see the "unknown", ask questions, become familiar with camp, and get excited about their week away. Tours are available anytime, simply call to schedule and come on up for a visit!
3. With your camper, explore the camp website, view the pictures and dvd or request your own complimentary copy to be sent by mail.
4. Read stories about camp to your child or have a friend or sibling who has attended camp share their stories.
5. Tell, tell, and re-tell your child how much fun you want them to have at camp. While you will surely miss them, you want them to have a great time, make friends, and try new fun activities. Share your pride in their success at camp.
6. Do not give your child an "out" such as promising that they can call or come home or that you will pick them up early, this often makes matters much worse. The Director will call if needed. Campers are not allowed to call or email during the camp week.
7. Send a familiar object from home such as a stuffed animal or pillow. This "transitional" object will ease adjustment to camp.

HEALTH & WELLNESS

Health Forms A camp health form was included in your confirmation packet and is also available online at www.campunahliya.org. Camp must receive the completed form, with physician's and parent/guardian's signature, at least 2 weeks prior to your child's attendance at camp. This allows us to review their form prior to arrival and also ensures a smooth Sunday check-in process. The health form must be completed and signed annually regardless of past participation at Camp. Each child must have had a health physical within 2 years of camp attendance.

Medical Services A Camp nurse is on-site throughout the program week for health needs and medication distribution, and a physician is on call. Camp will be in immediate contact with a camper's family should there be a serious medical concern, illness, or incident. Routine first aid will be provided by the camp nurse or a camp staff member certified in First Aid and CPR if needed.

Camper Medications Please note your camper's medications on the Health Form. Prescription, over-the-counter, and herbal medications must be turned into the Camp Nurse upon arrival. With the exception of a rescue inhaler, campers are not allowed to have medications on their person or in their belongings while they are at camp. Medications must be in the original container, with the prescribing physician, dosage, and distribution time clearly labeled. The camp nurse is available during check-in to discuss any health related questions that you may have regarding your camper's medication and health while in our care.

CAMP STORE

Store Accounts While at Camp, each camper has a camp store account that they utilize for purchases. Campers do not use money in the camp store. Each camper begins with a \$5 credit in their account, which is included in the program fee. Additional monies can be added to their account at the time of registration, by calling the camp office prior to your child's session, or on Sunday check-in day at Camp.

Store Account Balances Balances remaining on your child's camp store account at the end of their week are non-refundable. Due to processing fees required with refund transactions, all camp store account balances will be contributed to Camp's Strong Kids Campaign Fund which provides financial assistance and program subsidies for our summer camp program participants. You will not receive a refund of account balances following your child's program.

What's in the Camp Store? The camp store is open twice daily for your camper to visit. Food items may only be purchased following dinner, and they are limited to 2 food items and 1 beverage each day. The store has souvenirs, clothing, hats, and water bottles. Snacks cost \$.50-\$2.00, Water/Juice/Sports Drinks/Soda cost \$.75-\$1.75; Camp t-shirts range in price from \$12-15, Sweatshirts are \$23-\$45, other souvenirs range from \$2-\$15.

CAMP FEE PAYMENTS

A \$100 deposit/program is required at the time of registration. The fee balance is due on June 1st and will be automatically processed using the method that you selected at the time of registration. There is no need to call with payment information, as it will be automatically drawn on June 1, 2012. If you have any questions regarding payment, please contact the Camp Office Manager at 715.276.7116.

CANCELLATION POLICY

In the event that you need to cancel your week at U-Nah-Li-Ya, a two-week notice is required. If it is a scheduling conflict with the selected dates, please inquire about switching sessions as we may be able to accommodate that request. The \$100 deposit is non-refundable. Credits or refunds are given for the following reasons;

1. A Medical condition prevents the camper from participating in the program. A written excuse from the camper's physician must be mailed or faxed to the Camp Office. Departure from the camp program due to homesickness or dismissal for behavior problems are non-refundable.
2. The participant transfers to a different camp program with a lower price.
3. YMCA Camp U-Nah-Li-Ya cancels the program.



SUNDAY CAMP CHECK-IN & FAMILY DAY

Campers and families are asked to arrive at Camp between 1:30-3:00PM on Sunday afternoon. Directions to Camp are found in this Parent Packet or online. The camp gate will open promptly at 1:30PM, please do not plan to arrive prior to that time. You will be greeted at the gate, check-in to camp and receive your cabin and counselor assignment. Once you meet the counselor and settle in, you are free to explore camp, visit the camp store, stop in to see the camp nurse, and acquaint yourself with Camp U-Nah-Li-Ya. We welcome you to attend Opening Ceremonies at 3:30 where you will meet the staff and sing a crazy camp song! Family and friends are welcome, but please leave your family pet at home.

TRANSPORTATION

What is the Transportation Form? The Transportation Form can be found in this Parent Packet and must be completed for all campers and returned to the Camp Office prior to their camp session. This is utilized to inform camp of your plans for your child's return and who will be picking them up from the YMCA or Camp. It is also available online should you require more or if you misplace your copy.

How do campers return home after their week at Camp?

Return transportation to Green Bay is provided on the last day of your camper's session and is included in your program fees. Campers travel by bus from Camp to the **Green Bay YMCA's West Side Center arriving at 4:30PM on Friday afternoon** (Our 4-Day Campers arrive at 4:30PM on Wednesday afternoon). Directions to the West Side YMCA location can be found in this Parent Packet.

Please inform your child of the individual who is approved to pick them up at the YMCA and note that person's name on the camp transportation form. If there are circumstances that require a staff member to escort the child to the appropriate person for pick-up, please contact the camp office to make arrangements.

What if I prefer to pick up my child at Camp after their camp session?

If it is more convenient for you to pick up your child at Camp on Friday afternoon, please note this option on the Transportation Form. Check out time for campers being picked up at Camp is 2:45PM and they must be signed out from the Camp office.

What if my camp program begins on a Friday?

Campers enrolled in the Nor'wester Canoe Trip will be picked up by a camp staff member at 6:00PM on the Friday of your session at the Green Bay YMCA's West Side Center. Please call camp if you plan to drop off your child at Camp for these programs.

What if my camp program ends on a Sunday?

Campers enrolled in the Paint River Canoe Trip and Yak & Pack Trip will be dropped off at 12:30PM at the Green Bay YMCA's West Side center on the last Sunday of their session. If you would like to pick up your camper at Camp, note this on the transportation form and arrive for pick-up at 11:00AM on Sunday at Camp.

CONNECTING WITH YOUR CAMPER

Staying connected to your camper while they are away can be lots of fun! Be a part of the camp experience by checking our website for daily weather, food menus, pictures, and more! Campers can mail letters or postcards out daily from camp, so feel free to send pre-addressed and stamped envelopes along to encourage their letter writing home to you, family, and friends. Camper mail, faxes, and emails are distributed at dinner each day. Please include your camper's first and last name, as well as their counselor's name with all correspondence.

| MAIL |

YMCA Camp U-Nah-Li-Ya
12101 Y Camp Road
Suring, WI 54174

| FAX |

715.276.1701

| EMAIL & PHOTO GALLERY |

One way emails and the camp photo gallery are available securely through our partner www.bunk1.com. You can link to this free service from the camp website, just click on the Bunk 1 logo at www.campunahliya.org. Bunk1 is password protected for security. Your access code and information can be found in your confirmation materials. You can send free one-way emails, view daily photos, and purchase pictures as well.

www.campunahliya.org

OFF TO CAMP WHAT TO PACK?

PACKING GUIDELINES

Please pack according to your child's needs and send old clothes rather than new items. Please supervise your child's packing. Do not overpack or send items in paper/plastic bags, as they tend to break easily. Mark all items with your child's name so that they may be easily claimed in the event that they are misplaced. Camp U-Nah-Li-Ya is not responsible for personal possessions.

SUGGESTED PACKING LIST

- | | | |
|--|---|--|
| <input type="checkbox"/> Pajamas/Sleepwear | <input type="checkbox"/> Sleeping Bag & Pillow | <input type="checkbox"/> Fitted twin bed sheet |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Rain gear or poncho | <input type="checkbox"/> Washcloth |
| <input type="checkbox"/> 2 Towels | <input type="checkbox"/> 2 Long Sleeve Shirts | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> 2 Swimsuits | <input type="checkbox"/> 6 Pair Underwear | <input type="checkbox"/> 3-4 pair of shorts |
| <input type="checkbox"/> 4-5 T-shirts | <input type="checkbox"/> 2 pair of pants | <input type="checkbox"/> 1-2 pair of shoes |
| <input type="checkbox"/> Sweatshirt | <input type="checkbox"/> Insect Repellent | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Water Bottle | <input type="checkbox"/> Hat | <input type="checkbox"/> Labeled bag for wet/dirty items |
| <input type="checkbox"/> Toiletries: soap, toothpaste, etc. | <input type="checkbox"/> 1 pair of sandals/shoes that can get wet and remain on in water (not flip flops) | |
| <input type="checkbox"/> Optional: camera, book, journal, fishing gear, paper/envelopes/stamps | | |

WHAT NOT TO PACK

Please do not pack the following items for the safety and well being of others as well as to maintain the integrity and mission of the summer camp program. Electronic devices are not allowed, so encourage your camper to unplug and make camp connections with friends and counselors for their week at Camp U-Nah-Li-Ya.

Do not pack: Candy, gum, snacks, radios, CD players, computers, ipods/MP3 players, DVD players, electronic video games, pocket knives, weapons, cell phones. **Electronic devices are prohibited** and will be retained in the Camp Office for the duration of the camp program week if they are brought to camp and returned at the end of the session.

Lost & Found

Lost and Found items are held at Camp for the duration of the summer season. We will do our best to locate and return lost items; however camp cannot be held responsible for camper property. Please label your campers items.

Wilderness Adventure Trip Participants

If your program is a canoeing, backpacking, or kayaking trip you may still follow the above suggested packing list. We recommend a lightweight warm sleeping bag that is small when packed, hiking boots or shoes that have been worked in for at least 1 month, water shoes that will remain securely on your feet (not flip flops), personal water bottle, a hat with a brim, and heavy duty rain gear with both jacket and pants.

Weekend Stay-Over Participants

Laundry facilities are available for those campers staying with us for more than 1 program week. Camp staff will assist campers in this task during the weekend.

DIRECTIONS TO YMCA CAMP U-NAH-LI-YA

There are a number of suitable ways to travel to YMCA Camp U-Nah-Li-Ya, below are our recommendations. If you are utilizing an online mapping system or GPS unit, please be aware that all systems may not recognize our rural location or address and may not be accurate directions. There is a white informational highway sign on Hwy 32 and signs to guide you to the Main Camp Entrance located at 12101 Y Camp Road. Have safe travels to Camp!

From Green Bay

Travel on Highway 29-West. Take exit #249 (Pulaski-Gillett-Hwy 32). Travel Highway 32-North to Suring. Continue north on Highway 32 for 11 miles beyond Suring. Turn left onto Hillside Drive, which is the second left beyond Anderson Lake. Continue straight on Hillside Drive which will veer to the left to become Y Camp Road. Follow signs to YMCA Camp U-Nah-Li-Ya Entrance.

From Appleton/Fox Cities

From Highway 41 in Appleton, take the Richmond Street Exit. Travel north on Hwy 47-117 for approximately 35 miles. Continue straight on Hwy 117 for 5 miles to town of Cecil. Turn right on Hwy 22 and travel for 0.8 miles. Turn left onto County H/R and continue straight on County R for 12.8 miles. Turn right on County M and travel for 1.9 miles. Turn left onto Highway 32 north. Continue north on Highway 32 for 10 miles. Turn left on Hillside Drive, which is the second left beyond Anderson Lake. Continue straight on Hillside Drive which will veer to the left to become Y Camp Road. Follow signs to YMCA Camp U-Nah-Li-Ya Entrance.

From points North of Camp

Travel on Highway 32-South to the town of Mountain. Look for Junction of 32 and 64-East, and travel for 1/4 mile beyond this junction. Turn right on Hillside Drive. Continue straight on Hillside Drive which will veer to the left to become Y Camp Road. Follow signs to YMCA Camp U-Nah-Li-Ya Main Entrance.

From points East of Camp

From Highway 141, travel on Highway 64-West for approximately 19.5 miles. Turn left onto Highway 32-South. Travel for 1/2 mile. Turn right on Hillside Drive, continue straight on Hillside Drive which will veer to the left to become Y Camp Road. Follow signs to Camp U-Nah-Li-Ya Main Entrance.

From points West of Camp

Highway 64-East to Highway 32-South. Right on Highway 32. Travel for 7 miles 32-South. Look for Junction of 32 and 64-East, and travel for 1/2 mile beyond this junction. Turn right on Hillside Drive. Continue Straight on Hillside Drive which will veer to the left to become Y Camp Road. Follow signs to YMCA Camp U-Nah-Li-Ya Main Entrance.

Directions to the Green Bay YMCA West Side Center for Camper Pick-Up | 601 Cardinal Lane Green Bay WI 54313

From the intersection of Highway 41/141 and Highway 29 (Shawano-Dousman exit), take Highway 29 West approximately 1/2 mile. Turn right on to County EB/Cardinal Lane. Drive 1/2 mile. The YMCA is located at the northwest corner of Riverview and Cardinal Lane. Campers are dropped off in the south parking lot, to the left of the YMCA building.



YMCA CAMP U-NAH-LI-YA TRANSPORTATION & PHOTO CONSENT FORM

Last Name _____ First Name _____

Camp Session 1 2 3 4 5 6 7 8

June 17-22 June 24-29 July 8-13 July 15-20 July 22-27 July 29-Aug 3 Aug 5-10 Aug 12-17

PHOTO CONSENT (check box)

I grant permission to YMCA Camp U-Nah-Li-Ya to post pictures of my child on their internet website or photo gallery partner site www.bunk1.com and to utilize them for future promotional purposes. I understand that there will be no personal identifying information of my child that will coincide with their likeness.

TRANSPORTATION CONSENT (check box)

Transportation is used for program purposes including bus transportation and specialty and wilderness trip programs. I approve that my child be transported by authorized camp personnel in YMCA vehicles or contracted bus services.

RETURN TRANSPORTATION ARRANGEMENTS (check choice)

- Bus Transportation Home** | My child will ride the bus to Green Bay, arriving at 4:30 PM at the West Side Green Bay YMCA.
He/She will be picked up at the YMCA by: _____
 Parent/Guardian Signed Below Other : _____
- Pick-Up at Camp** | My child will not ride the bus to Green Bay, and will be picked up at Camp U-Nah-Li-Ya at 2:45 PM by:
 Parent/Guardian Signed Below Other : _____

Parent/Guardian Signature _____ Date _____

Camp Pick Up | Only to be signed at time of camper pickup in the Camp Office

Parent/Guardian Signature _____ Date _____