

**YMCA CAMP U-NAH-LI-YA
GREATER GREEN BAY YMCA
12101 Y CAMP ROAD
SURING, WI 54174
715-276-7116
WWW.CAMPUNAHLIYA.ORG**



PROGRAM FACT SHEET EXPLORER CANOE TRIP

PROGRAM OVERVIEW

This is an introductory canoe trip for 11-12 year olds and serves as a wonderful program for our canoe trip progression. The total program is 6 days, with a 3 day, 2 night canoe trip from Tuesday-Thursday to Sylvania Wilderness Area of the Ottawa National Forest in Michigan's Upper Peninsula. This area is a series of several with marked portages. Fishing, swimming, and wildlife abound in Sylvania Wilderness!

CAMP WEBSITE

The Camp U-Nah-Li-Ya website is a wonderful tool to help families and campers prepare for and enjoy their camp experience. The Parent Packet, camper forms, and what to bring list are all available to be downloaded at your convenience. Family and friends can also check out our photo gallery, camp menu, weather, and email their camper while they are away at Camp.



EXPLORER CANOE TRIP SCHEDULE HIGHLIGHTS

Monday

Trip training and planning at Camp. The focus is upon canoeing safety, paddling techniques, and portaging.

Tuesday

Morning departure for Sylvania Wilderness Area.
Canoeing and Portaging throughout the lakes

Wednesday

Canoeing throughout the lakes. Fishing, swimming and enjoying the beauty of the wilderness!

Thursday

A morning of canoeing and an afternoon departure to return to Camp U-Nah-Li-Ya in time for dinner.

Please see the 6-Day Resident Camp Program Fact Sheet for a detailed daily camp schedule.

TRIP LEADERS

Our Adventure Trip Counselors are certified in Lifeguarding, Professional CPR, First Aid, and Wilderness First Aid. They receive an additional 40 hours of training specifically designed for leading a fun and safe trip. Trips are equipped with a cell phone or satellite phone for use in the event of an emergency.

WILDERNESS TRIPS

Wilderness trip campers receive training and preparation on site at Camp U-Nah-Li-Ya prior to departing for their adventure trip. The Trail Department Outfitters provides all related camping equipment and food for their wilderness trip. Campers are transported to and from their wilderness trips in YMCA vehicles driven by YMCA employees who undergo a driver record background check and safety training.

WHAT TO BRING

In addition to items noted in the What to Bring list in the Camp Parent Packet, the following items are recommended for a canoe trip;

- High quality rain gear
- Camera
- Book or Journal
- Hat with a brim
- Sunscreen
- Water bottle
- Flashlight
- Bandana
- 4-5 Large Ziploc Bags
- Small packable sleeping bag
- Hiking boots/Tennis shoes that are worked in and comfortable
- "Wet" shoes or sandals that will stay on (flip flips are not recommended)
- Optional items: fishing gear, waterproof dry bag