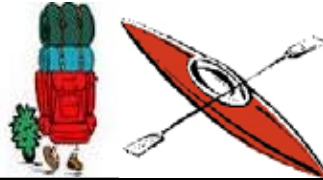


**YMCA CAMP U-NAH-LI-YA
GREATER GREEN BAY YMCA
12101 Y CAMP ROAD
SURING, WI 54174
715-276-7116
WWW.CAMPUNAHLIYA.ORG**



PROGRAM FACT SHEET YAK & PACK TRIP

PROGRAM OVERVIEW

This 8 day wilderness trip program features a 6 day, 5 night combination kayak trip in Lake Superior and backpack trip in the Porcupine Mountains. The trip features professional kayaking instruction and 3 days of paddling the waters of Lake Superior with experienced guides. Then it is off for 2 nights in the Porkies and enjoying some the best hiking in the midwest. A moderate to challenging trip of a lifetime!

CAMP WEBSITE

The Camp U-Nah-Li-Ya website is a wonderful tool to help families and campers prepare for and enjoy their camp experience. The Parent Packet, camper forms, and what to bring list are all available to be downloaded at your convenience. Family and friends can also check out our photo gallery, camp menu, weather, and email their camper while they are away at Camp.



YAK & PACK TRIP

Sunday

Arrival to Camp and trip planning and preparation

Monday

Depart Camp in the afternoon for Lake Superior. Campout in Bayfield, WI

Tuesday-Thursday

Kayaking in Lake Superior with Living Adventure Guide Service

Thursday -Saturday

Backpacking in the Porcupine Mountains. Return to Camp U-Nah-Li-Ya on Saturday afternoon for a night at camp

Sunday

Pack in trip gear and head for home. Campers arrive to the West Side YMCA at 12:30 on Sunday afternoon.

TRIP LEADERS

Our Adventure Trip Counselors are certified in Lifeguarding, Professional CPR, First Aid, and Wilderness First Aid. They receive an additional 40 hours of training specifically designed for leading a fun and safe trip. Trips are equipped with a cell phone or satellite phone for use in the event of an emergency.

WILDERNESS TRIPS

Wilderness trip campers receive training and preparation on site at Camp U-Nah-Li-Ya prior to departing for their adventure trip. The Trail Department Outfitters provides all related camping equipment and food for their wilderness trip. Campers are transported to and from their wilderness trips in YMCA vehicles driven by YMCA employees who undergo a driver record background check and safety training.

WHAT TO BRING

In addition to items noted in the What to Bring list in the Parent Packet, the following items are recommended for a backpacktrip;

- High quality rain gear
- Camera
- Layers of warm, breathable clothing
- Book or Journal
- Hat with a brim
- Sunscreen
- Water bottle
- Flashlight
- Bandana
- 4-5 Large Ziploc Bags
- Small packable sleeping bag
- Hiking boots/shoes that are comfortable (worked in for at least 1 month to prevent blisters or foot pain while hiking)
- "Wet" shoes or sandals that will stay on (flip flops are not recommended)